

South Munster Schools T&F Championship Bests (2020)

(Times to one decimal place are hand times)

Senior Boys				Senior Girls						
100m	Conor Morey	PBC Cork	10.78	1.6	2019	100m	Phil Healy	Col. Na Toirbhirte Bandon	11.93	2013
	Joe Henchy	Bandon Grammar School	10.4		2016		Derval O'Rourke	Christ King	11.9	2000
200m	Conor Morey	PBC Cork	22.24	0.9	2018	200m	Phil Healy	Col. Na Toirbhirte Bandon	24.61	2013
	Paul O'Regan	Colaiste Chriost Ri	21.5		1985	400m	Grainne Moynihan	St Mary's Macroom	57.30	2012
400m	Scott Gibson	Bandon Grammar School	49.45		2015	800m	Sonia O'Sullivan	Cobh VS	2.14.1	1987
800m	Dean O'Croinin	Colaiste an Phiarsaigh	1.54.26		2012	1500m	Mairead Looney	St Als Cork	4.37.9	1987
1500m	Frank Conway	Intermediate Schl Kilorglin	3.55.1		1985	3000m	Sonia O'Sullivan	Cobh VS	9.39.8	1987
3000m	Paul Reilly	North Mon CBS Cork	8.33.0		1998	1500m St/Ch	Alannah Neff	Carrigaline CS	5.12.64	2018
5000m	John Murray	North Monastery	14.52.0		1991	100m Hurdles	Aisling Cassidy	Bandon Grammar	15.86	2018
2000m St/Ch	Frank Conway	Intermediate Sch Kilorglin	5.53.7		1985		Derval O'Rourke	Christ King	14.4	1999
110m Hurdles	Sam Healy	Carrigaline C.S.	14.84		2014	400m Hurdles	Grainne Moynihan	St Mary's Macroom	62.19	2012
	Carlton Haddock	Colaiste Chriost Ri	14.6		1992	High Jump	Ciara Kenneally	St Brigids Killarney	1.71	2019
400m Hurdles	Patrick Maher	Davis College Mallow	56.10		2009	Long Jump	Terri Horgan	St Marys Mallow	5.80	1986
	Aidan O'Regan	Colaiste Chriost Ri	55.2		1987	Pole Vault	Ciara Hickey	Col Choilm	3.20	2018
High Jump	David Cussen	Col an Spioraid Naoimh	2.10		2014	Triple Jump	Jessica Sheehan	Kinsale C. S.	11.44	2013
Long Jump	Michael Hallahan	Colaiste Chriost Ri	6.94		1993	Shot Putt	Fiona Maloney	St Marys Charleville	12.43	2010
Triple Jump	Colm Cronin	North Monastery	14.74		1974	Discus	Kayleigh Cronin	St Brigid's Killarney	38.92	2014
Pole Vault	Diarmuid O'Connor	Colaiste Choilm	4.00		2020	Javelin	Katie Moynihan	Gaelcholaiste Mhuire AG	39.96	2019
Shot Putt	Jonathan McSweeney	Douglas CS	14.30		1993	Hammer	Maureen O'Neill	Colaiste Treasa,Kanturk	47.55	2013
Discus	Pawel Hazler	Bishopstown CS	47.79		2007	Relay (4X100m)		Bandon Grammar School	54.58	2010
Javelin	Kevin Michael	Deerpark CBS	53.38		2017			St Aloysius Carrigtwohill	50.9	2001
Hammer	Pawel Hazler	Bishopstown CS	53.61		2007	Relay (4X300m)		Bandon Grammar	3.07.76	2018
Relay (4X100m)		Davis College Mallow	45.44		2014					
		Bandon Grammar School	43.0		2016					
Relay (4X400m)		St Brendans Killarney	3.48.53		2019					

Intermediate Boys				Intermediate Girls						
100m	Ryan O'Leary	Col Chriost Ri	11.20	1.2	2018	100m	Gráinne Moynihan	St Mary's Macroom	12.12	2011
	Darren Coughlan	Hamilton HS Bandon	10.7		1999		Aishat Onilogo	St Marys Middleton	12.0	2016
200m	Colin Doyle	PBC Cork	22.53		2017		Orla McSweeney	St Aloysius Carrigtwohill	12.0	2002
	Darren O'Donovan	Colaiste an Spioraid Naoimh	22.0		2000		Lynda Symonds	Regina Mundi	12.0	1991
400m	Scott Gibson	Bandon Grammar School	49.80		2014	200m	Catherine Burke	Presentation Bamdon	12.0	1981
800m	Luke Horgan	Colaiste Chriost Ri	1.59.11		2014		Laura Murphy	St Angela's Cork	25.55	2014
1500m	Graham O'Dwyer	Patrician Academy Mallow	4.01.5		1995	300m	Lynda Symonds	Regina Mundi	24.8	1991
3000m	John Murray	Rathluirc CBS	9.04.3		1989		Gráinne Moynihan	St Mary's Macroom	39.77	2011
1500m St/Ch	Tadhg O'Brien	Middleton CBS	4.33.0		1982	800m	Nicole O'Regan	Christ King, Cork	38.6	2002
100m Hurdles	Jack Murphy	CBC Cork	14.18		2014	1500m	Martina Hickey	Millstreet CS	2.15.2	1997
	Carlton Haddock	Colaiste Chriost Ri	13.4		1989	3000m	Anita Philpott	Scoil Mhuie Kanturk	4.37.1	1986
400m Hurdles	Brandon Arrey	Davis College Mallow	56.58		2013	1500m St/Ch	Sonia O'Sullivan	Cobh VS	10.08.0	1988
High Jump	Ben Donovan	Middleton College	1.95		2017	80m Hurdles	Alannah Neff	Carrigaline CS	5.30.2	2017
Long Jump	Sam Healy	Carrigaline C.S.	6.48		1973		Emily Wall	Col Choilm	12.02	2019
Triple Jump	Wymin Sivakumar	Col an Spioraid Naomh	13.87		2018	300m Hurdles	Aileen Hurley	Loreto, Fermoy	11.3	2011
Pole Vault	Conor Callinan	Colaiste Chroi Naofa	4.20		2020		Emily Wall	Col Choilm	47.02	2019
Shot Putt	John Harte	St Colmans Fermoy	14.40		1975	High Jump	Christina Broderick	Kinsale CS	45.2	2004
Discus	John Harte	St Colmans Fermoy	42.92		1975	Long Jump	Ciara Kennelly	St Brigids, Killarney	1.68	2018
Javelin	Philip Burns	Bandon Grammar School	47.59		2006	Triple Jump	Claire Ingerton	Christ King, Cork	5.71	1991
Hammer	Adam King	Col na Sceilige	63.37		2013	Pole Vault	Aisling Cassidy	Bandon Grammar School	10.88	2017
Relay		Bandon Grammar School	45.22		2014	Shot Putt	Orla Coffey	St Angelas Cork	3.45	2019
					2014	Discus	Ciara Sheehy	St Marys Charleville	14.80	2019
1 mile	Paul Hartnett	Col an Chraoibhin	4.37.29		2018	Javelin	Kayleigh Cronin	St Brigids, Killarney	41.70	2012
(Under 16)						Hammer	Katie Moynihan	Davis College Mallow	43.54	2017
						Relay	Mairead O'Neill	Colaiste Treasa Kanturk	44.43	2010
								Bandon Grammar School	52.18	2019
								Mount Mercy	51.3	1998
						1 mile	Niamh Cotter	Colaiste Pobail Bantry	5.31.4	2012
						(Under 16)				

Junior Boys				Junior Girls							
100m	Glory Wenegieme	Col Muire Crosshaven	11.96	0.9	2018	100m	Ella Scott	Christ King Cork	12.49	1.7	2019
	Marc Jones	Col Muire Cobh	11.2		2016	200m	Lauren O'Leary	Nagle Rice Doneraile	12.1		2016
	Colin O'Dwyer	SMGS Blarney	11.2		2020		Grainne Moynihan	St Marys Macroom	25.70		2009
200m	Chris Murnane	CBC Cork	23.71	0.4	2007		Sharon Kelly	Mount Mercy Cork	25.3		1998
	Diarmaid McCarthy	CBC Cork	23.3		1995	800m	Fiona Doyle	Intermediate Sch Killorglin	25.3		2015
	Alan McCarthy	Middleton CBS	23.3		1986	1500m	Paula Sheehan	SMGS Blarney	2.16.6		1996
800m	Graham O'Dwyer	P.A. Mallow	2.04.0		1993	75m Hurdles	Paula Sheehan	SMGS Blarney	4.43.4		1996
1500m	Shane O'Shaugnessy	Mayfield CS	4.21.7		1996	High Jump	Ella Scott	Christ King Cork	11.36		2019
80m Hurdles	Harry Nevin	Rochestown College	11.70	-2	2019	Long Jump	Ciara Kennelly	St Brigids Killarney	1.65		2016
	Carlton Haddock	Colaiste Chriost Ri	11.0		1988	Triple Jump	Claire Ingerton	St Patricks Cork	5.50		1989
High Jump	Reece Ademola	Douglas CS	1.80		2017	Pole Vault	Paula McCarthy	Bantry CC	9.75		2003
Long Jump	Eoin Verling	Hamilton HS	6.22		1989	Shot Putt	Orla Coffey	St Angelas	2.70		2017
Triple Jump	Gerard McLoughlin	Cobh VS	12.57		1974	Discus	Ciara Sheehy	St Marys Charleville	14.61		2017
Pole Vault	Conor Callinan	Col an Chroi Naofa	3.75		2019	Javelin	Kayleigh Cronin	St Brigids Killarney	37.85		2011
Shot Putt	James French	Bandon Grammar School	15.19		2013	Hammer	Katie Moynihan	Davis College Mallow	37.87		2016
Discus	Tom Crotty	CBC Cork	43.28		1975	Relay	Ann Marie Cronin	Colaiste Choilm	42.82		2002
Javelin	M. O'Donnchu	North Monastery	42.87		1975			Christ King	54.24		2018
Hammer	Andrew Kenneally	Coachford College	45.70		2003			St Marys Mallow	52.7		1995
Relay		Colaiste Chriost Ri	49.73		2009						
		Colaiste Chriost Ri	48.6		1990						

Minor Boys				Minor Girls							
100m	Eili Kadi	Carrigaine CS	12.27		2011	100m	Hannah O'Sullivan	Boherbue Comp. School	13.27		2009
	Kenneth Horgan	Middleton CBS	11.6		1982		Lauren O'Leary	Nagle Rice Doneraile	12.0		2015
800m	Denis Murphy	Mayfield CS	2.07.2		1993	800m	Emer O'Shea	St Marys Charleville	2.20.7		1994
75m Hurdles	Conor Callinan	Col an Chroi Naofa	12.00	0.5	2018	75m Hurdles	Ella Scott	Christ King	11.89		2018
Long Jump	Tito Duarte	DLS Macroom	5.85		1989	Long Jump	Claire Ingerton	St Patricks Cork	5.15		1988
Shot Putt	Mark Collins	Bandon Grammar School	14.31		2017	Shot Putt	Sinead Warren	Pobail Scil Sliabh Luachra	10.95		2013
Relay		Colaiste Chriost Ri	52.19		2014	Relay		Regina Mundi	55.38		2017
		Colaiste Chriost Ri	50.9		2017			Imm. Heart Ballyphehane	53.7		1984