

South Munster Schools T&F Championship Bests (2020)											
(Times to one decimal place are hand times)											
Senior Boys					Senior Girls						
100m	Conor Morey	PBC Cork	10.78	1.6	2019	100m	Phil Healy	Col. Na Toirbhirte,Bandon	11.93	2013	
	Carlton Haddock	Colaiste Christ Ri	10.5		1991		Derval O'Rourke	Christ King	11.9	2000	
200m	Conor Morey	PBC Cork	22.24	0.9	2018	200m	Phil Healy	Colaiste na Toirbhirte,Bandon	24.61	2013	
	Paul O'Regan	Colaiste Christ Ri	21.5		1985	400m	Grainne Moynihan	St Mary's Macroom	57.30	2012	
400m	Scott Gibson	Bandon Grammar School	49.45		2015	800m	Sonia O'Sullivan	Cobh VS	2.14.1	1987	
800m	Dean O'Croinin	Colaiste an Phiarsaigh	1.54.26		2012	1500m	Mairead Looney	St Als Cork	4.37.9	1987	
1500m	Frank Conway	Intermediate School Kilorglin	3.55.1		1985	3000m	Sonia O'Sullivan	Cobh VS	9.39.8	1987	
5000m	John Murray	North Monastery	14.52.0		1991	1500m St/Ch	Alannah Neff	Carrigaline CS	5.12.64	2018	
2000m St/Ch	Frank Conway	Intermediate School Kilorglin	5.53.7		1985	100m Hurdles	Aisling Cassidy	Bandon Grammar	15.86	2018	
110m Hurdles	Sam Healy	Carrigaline Community School	14.84		2014		Derval O'Rourke	Christ King	14.4	1999	
	Carlton Haddock	Colaiste Christ Ri	14.6		1992	400m Hurdles	Grainne Moynihan	St Mary's Macroom	62.19	2012	
400m Hurdles	Aidan O'Regan	Colaiste Christ Ri	55.2		1987	High Jump	Ciara Kenneally	St Brigids Killarney	1.71	2019	
High Jump	David Cussen	Colaiste an Spioraid Naomh	2.10		2014	Long Jump	Terri Horgan	St Marys Mallow	5.80	1986	
Long Jump	Peter Ruby	Davis College Mallow	6.94		1993	Pole Vault	Ciara Hickey	Col Choilm	3.20	2018	
Triple Jump	Colm Cronin	North Monastery	14.74		1974	Triple Jump	Jessica Sheehan	Kinsale Community College	11.44	2013	
Pole Vault	Diarmuid O'Connor	Colaiste Choilm	4.00		2020	Shot Putt	Fiona Maloney	St Marys Charleville	12.43	2010	
Shot Putt	Jonathan McSweeney	Douglas CS	14.30		1993	Discus	Kayleigh Cronin	St Brigid's Killarney	38.92	2014	
Discus	Pawel Hazler	Bishopstown CS	47.79		2007	Javelin	Katie Moynihan	Gaelcholaiste Mhuire AG	39.96	2019	
Javelin	Kevin Michael	Deerpark CBS	53.38		2017	Hammer	Maureen O'Neill	Colaiste Treasa,Kanturk	47.55	2013	
Hammer	Pawel Hazler	Bishopstown CS	53.61		2007	Relay (4X100m)		Bandon Grammar School	54.58	2010	
Relay (4X100m)		Davis College Mallow	45.44		2014			St Aloysius Carrigtwohill	50.9	2001	
		Bandon Grammar School	43.0		2016	Relay (4X300m)		Bandon Grammar	3.07.76	2018	
Relay (4X400m)		St Brendans Killarney	3.48.53		2019						
Intermediate Boys					Intermediate Girls						
100m	Ryan O'Leary	Col Christ Ri	11.20	1.2	2018	100m	Gráinne Moynihan	St Mary's Macroom	12.12	2011	
	Darren Coughlan	Hamilton HS Bandon	10.7		1999		Aishat Onilogo	St Marys Middleton	12.0	2016	
200m	Colin Doyle	PBC Cork	22.53		2017		Orla McSweeney	St Aloysius Carrigtwohill	12.0	2002	
	Darren O'Donovan	Colaiste an Spioraid Naomh	22.0		2000		Lynda Symonds	Regina Mundi	12.0	1991	
400m	Scott Gibson	Bandon Grammar School	49.80		2014		Catherine Burke	Presentation Bamdon	12.0	1981	
800m	Luke Horgan	Colaiste Christ Ri, Corcaigh	1.59.11		2014	200m	Laura Murphy	St Angela's Cork	25.55	2014	
1500m	Graham O'Dwyer	Patrician Academy Mallow	4.01.5		1995		Lynda Symonds	Regina Mundi	24.8	1991	
3000m	John Murray	Rathluirc CBS	9.01.3		1989	300m	Gráinne Moynihan	St Mary's Macroom	39.77	2011	
1500m St/Ch	Tadhg O'Brien	Middleton CBS	4.33.0		1982		Nicole O'Regan	Christ King, Cork	38.6	2002	
100m Hurdles	Jack Murphy	Christian Brothers College Cork	14.18		2014	800m	Martina Hickey	Millstreet CS	2.15.2	1997	
	Carlton Haddock	Colaiste Christ Ri	13.4		1989	1500m	Anita Philpott	Scoil Mhuie Kanturk	4.37.1	1986	
400m Hurdles	Brandon Arrey	Davis College Mallow	56.58		2013	3000m	Breeda Gaffney	St Marys Charleville	10.10.6	1988	
High Jump	Ben Donovan	Middleton College	1.95		2017	1500m St/Ch	Alannah Neff	Carrigaline CS	5.30.2	2017	
Long Jump	Colm Cronin	North Monastery	6.59		1973	80m Hurdles	Emily Wall	Col Choilm	12.02	2019	
Triple Jump	Wymin Sivakumar	Col an Spioraid Naomh	13.87		2018		Aileen Hurley	Loreto, Fermoy	11.3	2011	
Pole Vault	Conor Callinan	Colaiste Chroi Naofa	4.20		2020	300m Hurdles	Emily Wall	Col Choilm	47.02	2019	
Shot Putt	John Harte	St Colmans Fermoy	14.40		1975	High Jump	Orla Finn	Kinsale CS	46.1	2008	
Discus	John Harte	St Colmans Fermoy	42.92		1975		Ciara Kennelly	St Brigids, Killarney	1.68	2018	
Javelin	Philip Burns	Bandon Grammar School	47.59		2006	Long Jump	Claire Ingerton	Christ King, Cork	5.71	1991	
Hammer	Adam King	Colaiste na Sceilige,Caherciveen	63.37		2013	Triple Jump	Aisling Cassidy	Bandon Grammar School	10.88	2017	
Relay		Bandon Grammar School	45.22		2014	Pole Vault	Orla Coffey	St Angelas Cork	3.45	2019	
1 mile (Under 16)	Paul Hartnett	Col an Chraoibhin	4.37.29		2018	Shot Putt	Ciara Sheehy	St Marys Charleville	14.76	2019	
						Discus	Kayleigh Cronin	St Brigids, Killarney	41.70	2012	
						Javelin	Katie Moynihan	Davis College Mallow	37.83	2018	
						Hammer	Maureen O'Neill	Colaiste Treasa Kanturk	44.43	2010	
						Relay		Bandon Grammar School	52.18	2019	
								Mount Mercy	51.3	1998	
						1 mile (Under 16)	Niamh Cotter	Colaiste Pobail, Bheantrai	5.31.4	2012	
Junior Boys					Junior Girls						
100m	Timmy Harrington	Kinsale CS	11.65	-1.2	2007	100m	Ella Scott	Christ King Cork	12.49	1.7	2019
	Marc Jones	Col Muire Cobh	11.2		2016		Lauren O'Leary	Nagle Rice Doneraile	12.1		2016
	Colin O'Dwyer	SMGS Blarney	11.2		2020	200m	Grainne Moynihan	St Marys Macroom	25.70		2009
200m	Chris Murnane	CBC Cork	23.71	0.4	2007	800m	Paula Sheehan	SMGS Blarney	2.16.6		1996
	Diarmaid McCarthy	CBC Cork	23.3		1995	1500m	Paula Sheehan	SMGS Blarney	4.43.4		1996
800m	Graham O'Dwyer	P.A. Mallow	2.04.0		1993	75m Hurdles	Ella Scott	Christ King Cork	11.36		2019
1500m	Shane O'Shaugnessy	Mayfield CS	4.21.7		1996	High Jump	Ciara Kennelly	St Brigids Killarney	1.70		2016
80m Hurdles	Harry Nevin	Rochestown College	11.70		2019	Long Jump	Claire Ingerton	St Patricks Cork	5.50		1989
	Carlton Haddock	Colaiste Christ Ri	11.0		1988	Triple Jump	Paula McCarthy	Bantry CC	9.75		2003
High Jump	Reece Ademola	Douglas CS	1.80		2017	Pole Vault	Orla Coffey	St Angelas	2.70		2017
Long Jump	Eoin Verling	Hamilton HS	6.22		1989	Shot Putt	Ciara Sheehy	St Marys Charleville	14.61		2017
Triple Jump	Gerard McLoughlin	Cobh VS	12.57		1974	Discus	Kayleigh Cronin	St Brigids Killarney	37.85		2011
Pole Vault	Conor Callinan	Col an Chroi Naofa	3.75		2019	Javelin	Katie Moynihan	Davis College Mallow	37.87		2016
Shot Putt	James French	Bandon Grammar School	15.19		2013	Hammer	Ann Marie Cronin	Colaiste Choilm	42.82		2002
Discus	Tom Crotty	CBC Cork	43.28		1975	Relay		Christ King	54.24		2018
Javelin	M. O'Donnchu	North Monastery	42.87		1975			St Marys Mallow	52.7		1995
Hammer	Andrew Kenneally	Coachford College	45.70		2003						
Relay		Colaiste Christ Ri	49.73		2009						
		Colaiste Christ Ri, Corcaigh	48.6		1990						
Minor Boys					Minor Girls						
100m	Eili Kadi	Carrigaine CS	12.27		2011	100m	Hannah O'Sullivan	Boherbue Comp. School	13.27		2009
	Kenneth Horgan	Middleton CBS	11.9		1982		Lauren O'Leary	Nagle Rice Doneraile	12.0		2015
	D Lawson	Ashton	11.9		1988	800m	Emer O'Shea	St Marys Charleville	2.20.7		1994
800m	Denis Murphy	Mayfield CS	2.07.2		1993	75m Hurdles	Ella Scott	Christ King	11.89		2018
75m Hurdles	Conor Callinan	Col an Chroi Naofa	12.00	0.5	2018	Long Jump	Claire Ingerton	St Patricks Cork	5.15		1988
Long Jump	Tito Duarte	DLS Macroom	5.85		1989	Shot Putt	Sinead Warren	Pobail Sc Sliabh Luachra Rathmore	10.95		2013
Shot Putt	Mark Collins	Bandon Grammar School	14.31		2017	Relay		Colaiste na Toirbhirte Bandon	55.77		2015
Relay		Colaiste Christ Ri, Corcaigh	52.19		2014			Immaculate Heart Ballypaphane	53.7		1984
		Colaiste Christ Ri, Corcaigh	50.9		2017						