

South Munster Schools T&F Championships 2013

Senior Boys

100m	1	Duncan Tsu	Colaiste an Phiarsaigh, Gleann Maghair	11.70
-3.6m/s	2	Shane Howard	Colaiste an Chraoibhin, Fermoy	11.89
	3	Uche Ogbene	Colaiste Chriost RI,Cork	11.99
200m	1	Uche Ogbene	Colaiste Chriost RI,Cork	25.19
	2	Dylan Somers	Midleton College	25.52
	3	Aaron Ó Mathúna	Colaiste an Phiarsaigh	25.53
400m	1	Conor Walter	Rochestown College	51.70
	2	Jake Inglis	Bandon Grammar School	55.50
	3	Solomon Adebisi	Patrician Academy	56.13
800m	1	Conor Walter	Rochestown College	2.01.83
	2	Ian O hAirtneid	Coláiste Daibhéid	2.05.20
	3	Stephen Holland	Coláiste Phobail, Bantry	2.07.45
1500m	1	Shane Dineen	Colaiste Choilm	4.26.38
	2	Brendan Couch	Douglas Community School	4.32.53
	3	Owen Chambers	Midleton College	4.35.43
5000m	1	Brendan Couch	Douglas Community School	16.59.92
	2	Jamie Buckley	Colaiste an Craobhín, Fermoy	17.03.61
	3	John Durcan	Douglas Community School	17.07.98
2000m St/Ch	1	Ian O'hAirtneid	Colaiste Daibheid, Corcaigh	6.26.43
	2	David O'Keeffe	Boherbue Comp. School	7.00.65
	3	Stephen Holland	Colaiste Pobail, Bheantraí	7.10.10
110m Hurdles	1	Daniel Colbert	Midleton CBS	16.12
	2	Brendan Corrigan	Davis College, Mallow	16.32
	3			
400m Hurdles	1	Daniel Colbert	Midleton CBS	1.02.55
	2	Brian O' Connor	Colaiste Chriost Ri, Corcaigh	1.12.89
	3	William Harris	Gaelcholaiste Mhuire AG	1.16.64
High Jump	1	Philip Brownlow	Ashton	1.80
	1	Robert Nagle	Colaiste Chriost Ri	1.70
	3	Kevin García	Colaiste Chriost RI,	1.60
Long Jump	1	Shane Howard	Colaiste an Chraoibhin, Fermoy	6.35
	2	Ryan O'Cathasaigh	Colaiste Chriost RI,	5.62
	3	Darren O'Liathain	Colaiste Chriost RI,	5.17
Triple Jump	1	Brian Carey	Colaiste Chríost Rí	11.99m
	2	Brian O' Connor	Colaiste Chríost Rí	11.88m
	3			
Pole Vault	1			
	2			
	3			
Shot Putt	1	Colin Kingston	Bandon Grammar School	12.20m
	2	Andrew McCarthy	Pobailscoil Sliabh Luachra	12.03m
	3	Rob Sullivan	Bandon Grammar School	10.42m
Discus	1	Andrew McCarthy	Pobailscoil Sliabh Luachra	36.49m
	2	Colin Kingston	Bandon Grammar School	35.14m
	3	Liam O' Hearcháí	Gaelcholaiste Mhuire AG	24.52m
Javelin	1	Robert O'Sullivan	Bandon Grammar School	42.55
	2	Darren O'Liathain	Colaiste Chriost RI,	34.80
	3	James Heffernan	Christian Brothers College,Cork	33.34
Hammer	1	James Heffernan	Christian Brothers College,Cork	41.90
	2	Pól Ó Coighligh	Colaiste Chriost RI,Cork	38.80
Relay	1		Midleton CBS	46.98
	2		Colaiste Chriost RI,	47.01

	3		Colaiste an Phiarsaigh	47.02
Walk	1	Lucas O'hici	Colaiste Chriost Ri	8.11.4
	2	Paul Wojcakiewicz	Colaiste Chriost Ri	11.29.3
	3	Cormac Hickey	Carrigaline Community School	
Overall	1	Colaiste Chriost Ri		

Senior Girls

100m	1	Phil Healy	Col. Na Toirbhirte,Bandon	11.93
	2	Gràinne Moynihan	St Marys Macroom	12.38
	3	Shona Uniacke	Mt Mercy Cork	12.86
200m	1	Phil Healy	Colaiste na Toirbhirte,Bandon	24.61
	2	Katie Waterman	Scoil Mhuire,Cork	26.38
	3	Emma O'Brien	Christ King,Cork	26.45
400m	1	Gràinne Moynihan	St Marys Macroom	58.36
800m	1	Aishling Hanrahan	Regina Mundi, Cork	2.59.92
	2	Rachel Palmer	Ashton School, Cork	3.07.81
1500m	1	Dervla Devine	Bruce College	
	2	Aisling Hanrahan	Regina Mundi	
100m Hurdles	1	Amy O' Reagan	Ballincollig Community School	
400m Hurdles	1	Rachel Crowley	Coláiste Phobail, Bantry	1.50.28
High Jump	1	Elena Schaffer	Ashton School, Cork	1.30m
Long Jump	1	Jessica Sheehan	Kinsale Community School	5.47m
	2	Sinead James	Midleton College	4.76m
	3	Lydia O' Connor	Colaiste Choilm	4.26m
Triple Jump	1	Jessica Sheehan	Kinsale Community College	11.44
Shot Putt	1	Laura McSweeney	Col. Na Toirbhirte,Bandon	11.64
	2	Aideen Hallahan	St Colmans Midleton	9.70
	3	Dawn Pevoti	St Marys Mallow	8.96
Discus	1	Hannah O'Sullivan	St Marys Mallow	38.34
	2	Fiona Duggan	Col. na Toirbhirte, Bandon	29.58
	3	Aideen Hallahan	St Colmans Midleton	28.79
Hammer	1	Maureen O'Neill	Colaiste Treasa,Kanturk	47.55
	2	Laura McSweeney	Col. Na Toirbhirte,Bandon	45.46
Overall	1	Col. na Toirbhirte, Bandon		

Intermediate Boys

100m	1	Ray Walsh	Davis College	11.45
+1.2m/s	2	Luke Ring	Ballincollig Community School	11.72
	3	Jack Daly	Midleton C.B.S	12.17
200m	1	Ray Walsh	Davis College	24.28
	2	Luke Ring	Ballincollig Community School	24.64
	3	Glenn Kennefick	David College Mallow	25.74
400m	1	Brandon Array	Davis College Mallow	53.18
	2	Eddie Gunning	Gaelcholáiste Mhuire	60.33
	3	Aaron ò Cròinín	Gaelcholáiste Mhuire	61.67
800m	1	Liam Hennessy	Coláiste Criost Rí	2.04
	2	Lúcas O' Horgáin	Coláiste Criost Rí	2.05
	3	Gary O' Sullivan	McEgan College, Macroom	2.07
1500m	1	Liam Ò hAonghusa	Colaiste Chriost Ri	4.23.03
	2	Jamie Ó'Connell	Douglas Community School	4.24.05
	3	Stephen Cotter	Douglas Community School	4.24.75
3000m	1	David Fox	Christian Brothers College	9.47.49
	2	Jamie O' Connell	Douglas Community School	9.48.11
	3	Liam Harris	Douglas Community School	9.49.30
1500m St/Ch	1	Eoghan McElhinney	Colaiste Pobail, Bheantraí	
	2	Brian Kerins	Colaiste Chriost Ri	

	3	Cian Jefferies	Carrigaline Community School	
100m Hurdles	1	Sam Healy	Carrigaline Community School	13.7
	2	Scott Gibson	Bandon Grammar School	15.2
	3	Daniel O' Mahony	Rochestown College	15.9
400m Hurdles	1	Brandon Arrey	Davis College Mallow	56.58
	2	Brendan Kenny	St. Peters, Passage West	1.17.74
	3	Sean Thornton	Colaiste Phobail, Bantry	1.33.90
High Jump	1	Dillon O'Sullivan	St.Brendans Killarney	1.88
	2	Jack Murphy	Christian Brothers College	1.80
	3	Cyian McCann	Col an Phiarsaigh	1.55
	3	Martin O'Sullivan	Coachford CC	1.55
Long Jump	1	Sam Healy	Carrigaline CS	6.54
	2	Fintan Shaughnessy	Bandon Grammar School	6.03
	3	Promice O'Kafor	Colaiste Choilm	5.83
Triple Jump	1	Max Kaman	Colaiste Criost Rí	11.41m
	2	Michael Duggan	Colaiste Criost Rí	11.36m
	3			
Pole Vault	1			
	2			
	3			
Shot Putt	1	Gray Kirk	Carrigaline Community School	10.02m
	2	Kamare Traoire	Colaiste Criost Rí	9.60m
	3	David O' Connor	Botherbue Comprehensive School	9.31m
Discus	1	Bobby Smith	Bandon Grammar School	32.58m
	2	Phylip Walters	Bandon Grammar School	23.00m
	3	Kamare Traoire	Colaiste Criost Rí	21.28m
Javelin	1	Bobby Smith	Bandon Grammar School	47.46
	2	Shane O'Neill	St Fachtna's, Skibbereen	39.61
	3	Dillon Donovan	Carrigaline Community School	27.81
Hammer	1	Adam King	Colaiste na Sceilige,Caherciveen	63.37
	2	Tomàs O'Neill	Scoil Mhuire Kanturk	37.40
	3	Andre Ghristic	Colaiste an Spioraid Naoimh	33.60
Relay	1		Davis College Mallow	46.86
	2		Carrigaline Community School	47.75
	3		Bandon Grammar School	47.95
Walk	1	Sean Richie	Gaelcholaiste Mhuire AG, Corcaigh	11.37.4
	2	Brian Fitzpatrick	Carrigaline Community School	
	3	Sam Nagle	Carrigaline Community School	
1 mile	1	Lucàs ò hArgàin	Colaiste Chriost Ri	
	2	Adriarahman Mohamed	Colaiste Chriost Ri	
	3	Evan Byrne	Douglas Community School	
Overall	1	Colaiste Criost Rí		

Intermediate Girls

100m	1	Marie O'Halloran	Christ King	13.18
-3.6m/s	2	Avril Pratt	Carrigaline Community School	14.24
	3	Rachel Dunne	St Marys Midleton	14.38
200m	1	Ciara Nalty	Regina Mundi Cork	29.35
	2	Mary Rose Shanahan	Mount St Michael, Rosscarbery	29.46
	3	Sally Hughes	Ashton	29.59
300m	1	Louise Shanahan	Scoil Mhuire Corcaigh	42.08
	2	Sophie Collins	Regina Mundi Cork	49.39
	3	Róisín Nì Dhonsabhàin	col an Phiarsaigh	57.83
800m	1	Louise Shanahan	Scoil Mhuire	
	2	Bella Sherlock	Bandon Grammar School	
	3	Meave Aherne	Loreto, Fermoy	

1500m	1	Niamh Cotter	Colaiste Pobail Bheantraí	
	2	Bella Sherlock	Bandon Grammar School	
	3	Maeve Ahern	Loreto Fermoy	
3000m	1	Niamh Cotter		10.58.8
	2	Karen Twomey	Regina Mundi, Cork	11.05.6
	3	Stephanie O' Sullivan	Coachford College	12.44.3
80m Hurdles	1	Marie O' Halloran	Christ King, Cork	12.14
	2	Jayne Pennefather	Carrigaline Community School	12.26
	3	Hannah Kearney	Colaiste Pobail, Bheantraí	18.22
300m Hurdles	1	Jayne Pennefather	Carrigaline Community School	
High Jump	1	Lauran Kennelly	Intermediate School, Killorgan	1.53m
	2	Laura Cussen	Colaiste Choilm, Ballincollig	1.40m
	3	Caroline O' Sullivan	Colaiste Pobail, Bheantraí	1.30m
Long Jump	1	Laura Cussen	Colaiste Choilm, Ballincollig	4.89m
	2	Jenny Lane	Bandon Grammar School	4.71m
	3	Una Samuel	Colaiste Daibhéid	4.67m
Triple Jump	1	Julie Nicholson	Carrigaline Community School	7.96
	2	Chloe Morrissey	Gaelcolaiste Mhuire	7.59
Shot Putt	1	Kayleigh Cronin	St Brigids Killarney	9.58
	2	Lauren Omahony	St Marys Midleton	7.96
	3	Sally Smith	Bandon Grammar School	7.78
Discus	1	Kayleigh Cronin	St Brigids Killarney	36.15
	2	Sally Smith	Bandon Grammar School	28.09
Javelin	1	Rita Casey	St. Bridgets, Killarney	30.77m
	2	Lauran O' Mahony	St. Marys Midleton	27.98m
	3	Caroline O' Donovan	Colaiste Pobail, Bheantraí	15.91m
Relay	1		Carrigaline Community School	54.45
	2		Regina Mundi Cork	55.85
	3		Bandon Grammar School	56.02
Walk	1	Jodie Cusack	Nagle/Rice, Doneraile	11.43.1
1 mile	1	Grainne Lucey	Colaiste na Toirbhirte, Bandon	
Overall	1	Carrigaline Community School		

Junior Girls

100m	1	Kate Bernard	Colaiste na Toirbhirte, Bandon	13.15
	2	Laura Murphy	St Angela's	13.40
	3	Ella Nicholson	Bandon Grammar School	13.77
200m	1	Kate Bernard	Colaiste na Toirbhirte, Bandon	27.72
	2	Roisin McDonnell	Gaelcholaiste Mhuire AG, Corcaigh	28.09
	3	Laura Murphy	St Angela's	28.25
800m	1	Stephanie Cotter	Coachford College	
	2	Christine Cooper	Ballyvourney (Bailebhúirne)	
	3	Aoibh Cassidy	Bandon Grammar School	
1500m	1	Fiona Everard	Maria Immaculata CC	
	2	Ellen O'Shea	St. Angelas Cork	
	3	Claire Noonan	Ballincollig Community school	
75m Hurdles	1	Vicky Cusack	Nagle Rice, Donnerail	12.4
	2	Carla Hicks	St. Brogans, Bandon	12.7
	3	Avril Braham	Gaelcholaiste Mhuire AG	12.8
High Jump	1	Molly Healy	Carrigaline Community School	1.45m
	2	Carla Hicks	St. Brogans, Bandon	1.40m
	3	Caoimhe Delay	Sacred Heart, Clonakilty	1.30m
Long Jump	1	Vicky Cusack	Nagle Rise, Donnerail	4.74m
	2	Avril Braham	Gaelcholaiste Mhuire AG	4.64m
	3	Eva Nicholson	Bandon Grammar School	4.56m
Triple Jump	1	Aobh Cassidy	Bandon Grammar School	9.00

	2	Norah O'Brien	St Marys Midleton	8.95
	3	Iseult Hayes	Bandon Grammar School	8.13
Shot Putt	1	Erin Kingston	Bandon Grammar School	10.29
	2	Sarah Hayes	Mt Saint Michael	9.72
	3	Orlaith Hickey	Carrigaline Community School	9.45
Discus	1	Aoife Doyle	Intermediate School, Killorglin	34.60
	2	Sinead Warren	Pobail Scoil Sliabh Luachra Rathmore	28.81
	3	Sarah Hayes	Mt Saint Michael Rosscarberry	20.79
Javelin	1	Erin Kingston	Bandon Grammar School	25.40m
	2	Orla Hickey	Carrigaline Community School	23.89m
	3	Leah Deasy	Carrigaline Community School	16.95m
Relay	1	Bandon Grammar School		
	2	Col. na Toirbhirte, Bandon		
	3	Gaelcholaiste Mhuire AG, Corcaigh		
Walk	1	Sarah Tarrant	St Mary's Mallow	7.37.2
	2	Emma Barrett	Davis College Mallow	8.03.2
	3	Aileen O'Keeffe	Davis College Mallow	8.11.9
Overall	1	Bandon Grammar School		

Minor Girls

100m	1	Sarah Leahy	St Brigids Killarney	13.36
	2	Kate Ivory	St Marys Mallow	13.89
	3	Sarah O'Keeffe	Davis College Mallow	14.27
800m	1	Caoimhe Harrington	Coláiste Phobail, Bantry	2.25.59
	2	Una O'Connor	St. Marys Charleville	2.31.89
	3	Helena O'Sullivan	Pobailscoil Inbhear Scéine, Kenmare	2.34.92
Long Jump	1	Kate Ivory	St. Marys Mallow	4.34m
	2	Robyn Lake	Carrigaline Community School	4.32m
	3	Aoife Lordon	Colaiste Choilm	4.05m
Shot Putt	1	Sinead Warren	Pobail Scoil Sliabh Luachra Rathmore	10;95
	2	Nicole Wall	Gaelcolaiste Mhuire	6;91
	3	Roisin O'Dea	Ashton School	6;27
Relay	1	St Angela's, Cork		
	2	St Peters Passage West		
	3	Christ King, Cork		

Junior Boys

100m	1	Nevin Hall	St Colmans Midleton	12.95
-2.7m/s	2	Alex O'Sullivan	North Monastery	13.01
	3	Darragh Kennefick	Davis College	13.03
200m	1	Conor O'Driscoll	Carrigaline Community School	25.89
	2	Patrick Fitzgerald	Nagle/Rice Doneraile	26.04
	3	Daniel Hathaway	Bandon Grammar School	26.13
800m	1	Conor O' Driscoll	Carrigaline Community School	2.10.78
	2	Ruairí O Cathasaigh	Colaiste Daibhead	2.11.35
	3			
1500m	1	Fearghal Curtin	Midleton C.B.S	4.22.14
	2	Ruairí Ó Cathasaigh	Colaiste Daibhead	4.31.08
	3	Andriu O Tuirnèir	Colaiste Daibhead	4.43.69
80m Hurdles	1	Sean Broderick	Midleton CBS	12.1
	2	Ben Baeuchle	Colaiste Pobail, Bheantraí	16.0
	3	Ronan Heaney	Davis College, Mallow	16.4
High Jump	1	Cameran Blair	Bandon Grammar School	1.55
	2	Donncha O'Ceilleachair	Colaiste Chríost Rí	1.55
	3	Sean Broderick	Midleton CBS	1.55
Long Jump	1	Victor Lovell	Bandon Grammar School	4.98
	2	Conor Sexton	Davis College	4.90

Triple Jump	3	Quentin Camuraty	St Peters Passage West	4.88
	1	Oisín O' Brién	Carrigaline Community School	8.50m
	2	Breanainn Hennessy	Colaiste Chriost Rí	8.48m
Pole Vault	3	Richard O' Leary	Carrigaline Community School	7.75m
	1			
	2			
Shot Putt	3			
	1	James French	Bandon Grammar School	15.19m
	2	James Sheehan	Colaiste an Chroi Naofa, Carrignavar	11.34m
Discus	3	Colin Dean	Bandon Grammar School	10.53m
	1	James Sheehan	Colaiste an Chroi Naofa, Carrignavar	35.04m
	2	Ronan Quain	Colaiste an Chroi Naofa, Carrignavar	32.57m
Javelin	3	Travis Cooney	Bandon Grammar School	28.51m
	1	Christopher Hegarty	Gaelcholaiste Mhuire AG, Corcaigh	29.48
	2	Conor Robinson	Bandon Grammar School	28.79
Hammer	3	Kevin Fitzgerald	Kinsale CS	27.51
	1	James French	Bandon Grammar School	29.36
	2	Daire Cullinane	Colaiste an Spioraid Naoimh	24.57
Relay	3	Travis Coomey	Bandon Grammar School	21.91
	1	Midleton CBS		
	2	Davis College Mallow		
Walk	3	Colaiste Chriost Ri, Corcaigh		
	1	David Kenny	St Brendans, Killarney	6.11.7
	2	Sean Kiely	Colaiste Chriost Ri	6.50.4
Overall	3	Pol DeBarra	Colaiste Chriost Ri	7.23.6
	1	Bandon Grammar School		

Minor Boys

100m	1	Andrew Ryan	Midleton College	12.95
	2	Adam Wilson	Midleton C.B.S	13.14
	3	Emmanuel Nwaedozie	St Peters Passage West	13.21
800m	1	Alan O' Donovan	Douglas Community School	2.21.94
	2	Donal Griffin	Midleton CBS	2.23.92
	3	Charlie O' Donovan	Colaiste Chriost Rí	2.22.04
Long Jump	1	Adam Wilson	Midleton C.B.S	5.15
	2	Andrew Ryan	Midleton College	4.96
	3	Sean O'Leary Hayes	Midleton C.B.S	4.41
Shot Putt	1	Jack Hallihan	St Colmans Community College, Midleton	10.65m
	2	Ciarán Murphy	North Monastery, Cork	10.26m
	3	Darragh Cullinane	Colaiste an Spirid Naoimh	10.02m
Relay	1	Midleton CBS		
	2	North Monastery, Cork		
	3	Bandon Grammar School		