



Irish Life Health All Ireland Schools' Cross Country Championships

Santry Demesne

Saturday 7th March 2020

Provisional Timetable of Races

Event	Call Up	Start Time	Distance	Course/Laps
Minor Girls	11.50am	12 noon	1,500m	1 large lap
Minor Boys	12.05pm	12.15pm	2,000m	2 small laps
Junior Girls	12.25pm	12.35pm	2,000m	2 small laps
Junior Boys	12.45pm	12.55pm	3,000m	2 large laps
Inter Girls	1.20pm	1.30pm	3,500m	2 small + 1 large lap
Inter Boys	1.40pm	1.50pm	4,500m	3 large laps
Senior Girls	2.15pm	2.25pm	3,500m	2 small + 1 large lap
Senior Boys	2.35pm	2.45pm	6,000m	4 large laps

Scoring

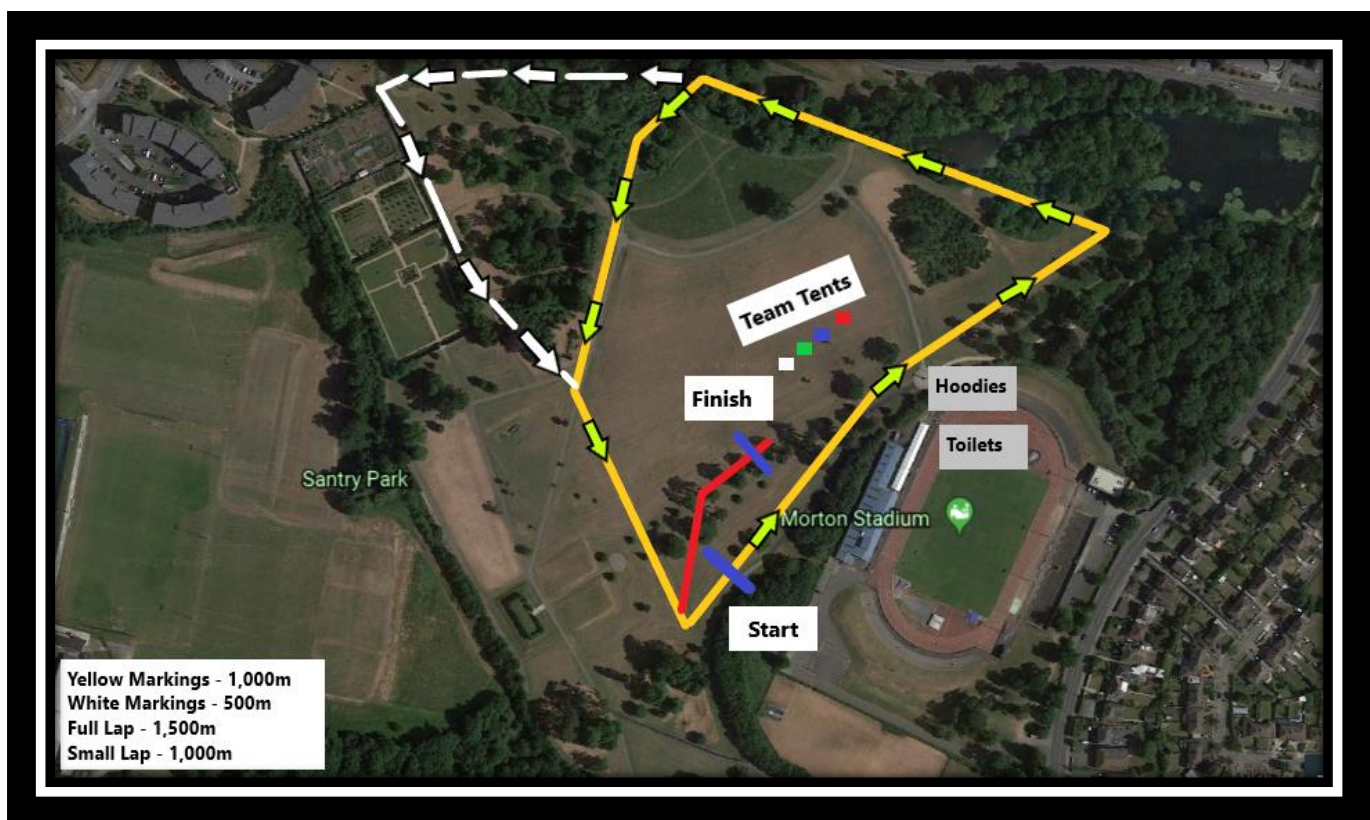
Girls: 6 to run, 3 to score

Boys: 8 to run; 4 to score



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Map of the Course



Timetable:

Minor Girls	2,000m	Call Up 11:50am	Race 12 Noon
Minor Boys	2,500m	Call Up 12:05pm	Race 12:15pm
Junior Girls	2,500m	Call Up 12:25pm	Race 12:35pm
Junior Boys	3,500m	Call Up 12:45pm	Race 12:55pm

***Presentation** *Minor and Junior Team prizes – Presentation Area* **1.10pm**

Intermediate Girls	3,500m	Call Up 1:20pm	Race 1:30pm
Intermediate Boys	5,000m	Call Up 1:40pm	Race 1:50pm
Senior Girls	3,500m	Call Up 2:15pm	Race 2:25pm
Senior Boys	6,000m	Call Up 2:35pm	Race 2:45pm

***Presentation** *Intermediate and Senior Team prizes – Presentation Area* **15.00pm**