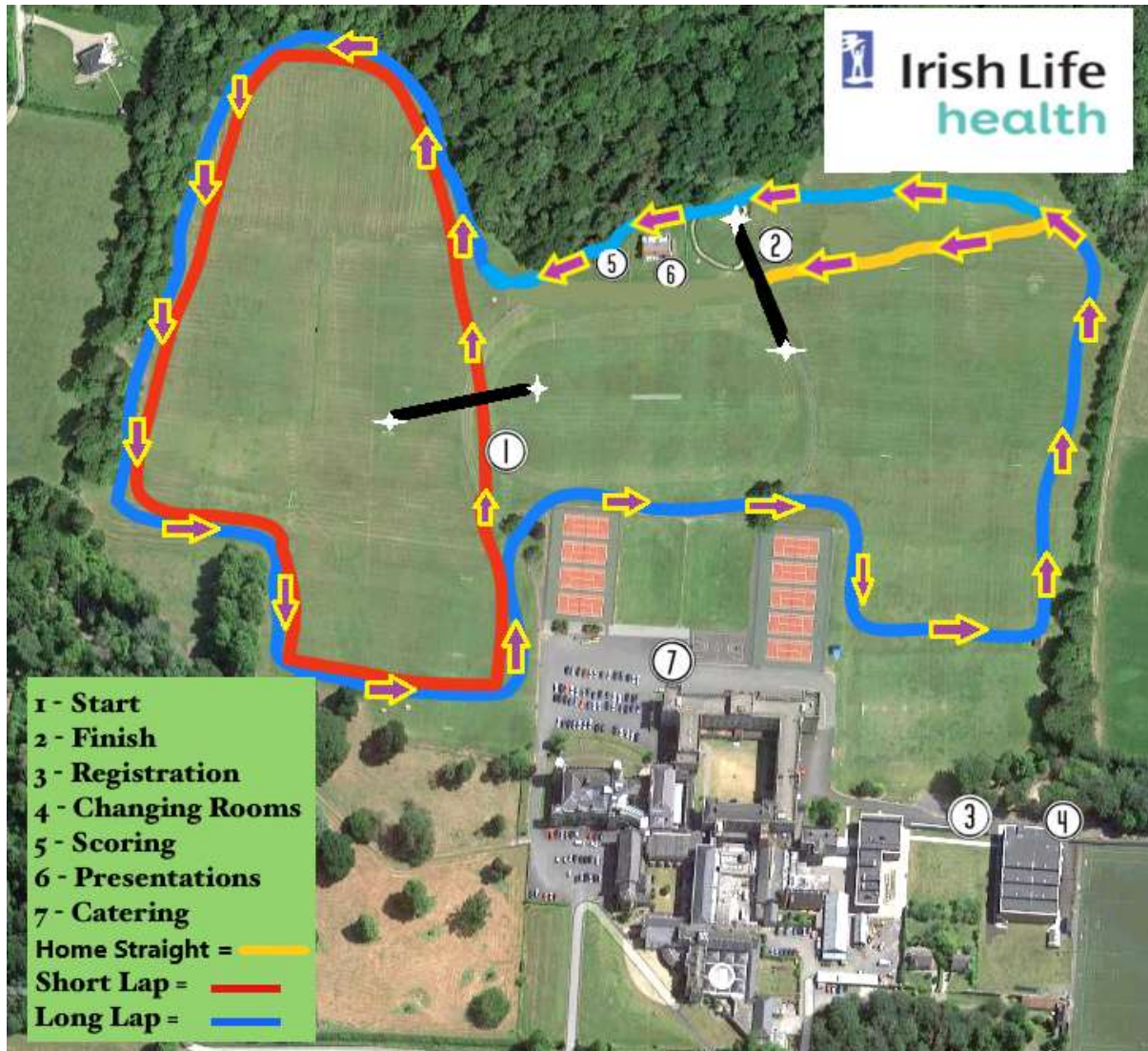


Irish Life Health All Ireland Schools' Cross Country Championships 2019
Venue: Clongowes Wood College, Clane, Co. Kildare

Date: Saturday 9th March 2019



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Venue: Clongowes Wood College, Clane, Co. Kildare

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Minor Girls	Approx. 2,000m (1 Big Lap)	Race 12 Noon
Minor Boys	Approx. 2,500m (1 Short Lap & 1 Big Lap)	Race 12.15pm
Junior Girls	Approx. 2,500m (1 Short Lap & 1 Big Lap)	Race 12.30pm
Junior Boys	Approx. 3,500m (2 Big laps)	Race 12.50pm
Inter Girls	Approx. 3,500m (2 Big laps)	Race 13.30pm
Inter Boys	Approx. 5,000m (3 Big Laps)	Race 13.50pm
Senior Girls	Approx. 2,500m (1 Short & 1 Big Lap)	Race 14.15pm
Senior Boys	Approx. 6,000m (4 Big Laps)	Race 14.30pm

Timetable:

Minor Girls	2,000m	Call Up 11:50am	Race 12 Noon
Minor Boys	2,500m	Call Up 12:05pm	Race 12:15pm
Junior Girls	2,500m	Call Up 12:20pm	Race 12:30pm
Junior Boys	3,500m	Call Up 12:40pm	Race 12:50pm

***Presentation** **Minor and Junior Team prizes – Pavilion Area** **1.10pm**

Intermediate Girls	3,500m	Call Up 1:20pm	Race 1:30pm
Intermediate Boys	5,000m	Call Up 1:40pm	Race 1.50pm
Senior Girls	2,500m	Call Up 2:05pm	Race 2:15pm
Senior Boys	6,000m	Call Up 2:20pm	Race 2:30pm

***Presentation** **Intermediate and Senior Team prizes – Pavilion Area** **15.00pm**