South Munster Schools T&F Championships 2017

Order of Events (Boys) Thursday 11th May

Track			Field Events					
11:00am	100m heats	MINOR						
		JUNIOR	11:30am	**Long Jump**	**High Jump**	**Triple Jump**	**Shot**	**Discus**	**Javelin**
		INTERMEDIATE		Minor	Senior	Junior(12m run up)	Inter(5k)	Senior(1.75k)	Junior(600g)
		SENIOR		Inter	Junior	Senior	Minor(3.25k)	Inter(1.5k)	Senior(800g)
11:30am	400m Hurdles(83.8cm)	INTERMEDIATE		Senior	Inter	Inter	Senior(6k)	Junior(1k)	Inter(700g)
	400m Hurdles(91.4cm)	SENIOR		Junior			Junior(4k)		
11:40am	100m Finals								
12:00noon	800m	MINOR	12:30pm	All Pole Vault competitions (both boys and girls) - start time to be confirmed					
		JUNIOR							
		INTERMEDIATE							
		SENIOR							

Notes

Track Events

Times on the left are only an indication of the likely start of an event. Races may start ahead of time

Where heats are necessary other than 100m the medal winners will be decided by times

Relay teams should be declared at registration before 1:30pm

The Intermediate 3000m and Senior 5000m will be an amalgamated race

Field Events

Field events will start at 11:30am and then be run off in the sequence shown

Age groups may be amalgamated if numbers dictate

Hammer events where more than 3 are entered will be held at a separate date to be announced

General

Minor: Under 14 on 1st July 2017 Junior: Under 15 on 1st July 2017

Intermediate: Under 17 on 1st July 2017 Senior: Under 19 on 1st January 2017

An athlete may compete in not more than 2 events plus one relay

A school may not have more than 2 athletes in any event

A relay team may be completed by the addition of no more than one athlete from the age group immediately below

Athletes must compete in their own age group (Junior, Intermediate, Senior)

Minor athletes may compete at Junior level where an event is not held at Minor level

Minor and Junior athletes can take part in an 800m or 1500m but not both

The first 3 in each event qualify for the Munster championship - 4 qualify in the Under 16 mile race

12:30pm	3000m	INTERMEDIATE	
	5000m	SENIOR	
12:50pm	200m	JUNIOR	
		INTERMEDIATE	
		SENIOR	
1:15pm	1500m St. Chase	INTERMEDIATE	
	2000m St. Chase	SENIOR	
1:40pm	75m Hurdles(76.2cm)	MINOR	
	80m Hurdles(83.8cm)	JUNIOR	
	100m Hurdles(91.4cm)	INTERMEDIATE	
	110m Hurdles(99.0cm)	SENIOR	
2:00pm	400m	INTERMEDIATE	
		SENIOR	
2:10pm	1 Mile	Under 16	
	1500m	JUNIOR	
		INTERMEDIATE	
		SENIOR	
2:30pm	4X100m Relay	MINOR	
		JUNIOR	
		INTERMEDIATE	
		SENIOR	
	4x400m Relay	SENIOR	
3:00pm	Walks	JUNIOR	
		INTERMEDIATE	
		SENIOR	