South Munster Schools T&F Championships 2018

Order of Events (Boys) Friday 11th May

	Track			Field Events						
11:00am	100m heats	MINOR								
		JUNIOR	11:30am	**Long Jump**	**High Jump**	**Triple Jump**	**Shot**	**Discus**	**Javelin**	
		INTERMEDIATE		Minor	Senior	Junior(12m run up)	Inter(5k)	Senior(1.75k)	Junior(600g)	
		SENIOR		Inter	Junior	Senior	Minor(3.25k)	Inter(1.5k)	Senior(800g)	
11:30am	400m Hurdles(83.8cm)	INTERMEDIATE		Senior	Inter	Inter	Senior(6k)	Junior(1k)	Inter(700g)	
	400m Hurdles(91.4cm)	SENIOR		Junior			Junior(4k)			
11:40am	100m Finals									
12:00noon	800m	MINOR	12:30pm	All Pole Vault competitions (both boys and girls) - start time to be confirmed						
		JUNIOR								
		INTERMEDIATE								
		SENIOR			**Notes**					
12:30pm	3000m	INTERMEDIATE	**Track Events**							
	3000m	SENIOR	**Times on the left are only an indication of the likely start of an event. Races may start ahead of time**							
12:50pm	200m	JUNIOR	Where heats are necessary other than 100m the medal winners will be decided by times							
		INTERMEDIATE	Relay teams should be declared at registration before 1:30pm							
		SENIOR	The Intermediate 3000m and Senior 3000m will be an amalgamated race							
1:15pm	1500m St. Chase	INTERMEDIATE								
	2000m St. Chase	SENIOR								
1:40pm	75m Hurdles(76.2cm)	MINOR	**Field Events**							
	80m Hurdles(83.8cm)	JUNIOR	Field events will start at 11:30am and then be run off in the sequence shown							
	100m Hurdles(91.4cm)	INTERMEDIATE	Age groups may be amalgamated if numbers dictate							
	110m Hurdles(99.0cm)	SENIOR	Hammer events where more than 3 are entered will be held at a separate date to be announced							
2:00pm	400m	INTERMEDIATE								
		SENIOR	**General**							
2:10pm	1 Mile	Under 16	Minor: Under 14 on 1st July 2018 Junior: Under 15 on 1st July 2018							
	1500m	JUNIOR	Intermediate: Under 17 on 1st July 2018 Senior: Under 19 on 1st January 2018							
		INTERMEDIATE	An athlete may compete in not more than 2 events plus one relay							
		SENIOR	A school may not have more than 2 athletes in any event							
2:30pm	4X100m Relay	MINOR	A relay team may be completed by the addition of no more than one athlete from the age group immediately below							
		JUNIOR	Athletes must compete in their own age group (Junior, Intermediate, Senior)							
		INTERMEDIATE	Minor athletes may compete at Junior level where an event is not held at Minor level							
		SENIOR	Minor and Junior athletes can take part in an 800m or 1500m but not both							
	4x400m Relay	SENIOR	The first 3 in non-laned event qualify for the Munster championship - 4 qualify in the Under 16 mile race							
3:00pm	Walks	JUNIOR	In laned events (100m, 200m, 300m, 400m, hurdles and relays) the first 2 qualify for 2018							
		INTERMEDIATE								
		SENIOR								